

## **NO CAP: Dating Different in a Hookup Culture**

### **1 Thessalonians 4:3-7**

Listen, we need to talk about something real today. You know how a chameleon changes colors based on what's around it? In 2025, that's exactly what's happening with relationships! Everybody's changing their standards based on what the culture's doing!

And some of y'all are in here right now thinking, "Finally! We're going to talk about these DMs!"

### **The Culture Shift**

Let's keep it 100. The world is telling you:

- "Everybody's doing it"
- "It's just a hookup"
- "If you don't, someone else will"
- "You gotta test drive before you buy"

And watch this – even some Christians are turning chameleon:

- Going with the flow
- Moving boundaries
- Making exceptions
- Changing colors to get attention

### **The Dating Difference**

But I need somebody to understand something – God didn't call you to blend in with hookup culture! He called you to STAND OUT!

**1 Thessalonians 4:3-4** says, ***"God's will is for you to be holy, so stay away from all sexual sin. Then each of you will control his own body and live in holiness and honor."***

Translation: NO CAP – God wants you to date different!

### **The Real Talk**

Now, some of y'all are thinking:

- "But Pastor, you don't understand how hard it is!"
- "But what if they leave me?"
- "But everyone's saying I'm too old-fashioned!"

Can I be real with you? A chameleon changes colors to attract a mate – but ends up attracting the wrong kind of attention!

## **The Standard Setup**

Let me show you how to date different in 2025. We're going to set up some boundaries that make sense:

1. The Phone Zone
  - No late-night texts
  - No compromising snaps
  - No secret conversations
2. The Physical Zone
  - Define your lines before you're in the moment
  - Stay out of situations that test your limits
  - Keep it public, keep it pure
3. The Heart Zone
  - Guard your emotions
  - Protect your peace
  - Don't give relationship access to somebody with friendship credentials

## **The Pressure Points**

Now watch this – pressure comes in three ways:

1. External Pressure
  - Social media
  - Friends
  - Society's standards
2. Internal Pressure
  - Loneliness
  - Desires
  - FOMO
3. Relationship Pressure
  - "If you love me..."
  - "Everyone else is..."
  - "We're different..."

But here's what's wild – you can't blend in and stand out at the same time!

### **The Different Dating DNA**

Write this down: **"YOUR PURITY IS MORE VALUABLE THAN THEIR PREFERENCE!"**

When you date different:

- You attract different
- You connect different
- You build different

### **The Dating Directives**

Here's how we're going to do this:

1. The Heart Check
  - Who are you trying to please?
  - What are you willing to compromise?
  - Where are your boundaries getting blurry?
2. The Standards Set
  - Write down your non-negotiables
  - Define your boundaries clearly
  - Plan your exit strategies
3. The Support Squad
  - Find accountability partners
  - Build a prayer team
  - Connect with other people dating different

### **The Relationship Glow-Up**

Listen to me – a chameleon changes to get attention, but a firefly glows from within! Stop changing your colors for temporary attention and start glowing with God's purpose!

Some things you need to delete right now:

- Those situationship texts
- Those "just friends" snaps
- Those compromise conversations

## **The Power of Pure**

Can we talk about how dating different actually sets you up for success?

- No soul ties to break
- No past to regret
- No shame to carry

You're not missing out – you're leveling up!

## **The Love Language**

Here's what's crazy about God's standards:

- They're not to restrict you
- They're not to frustrate you
- They're to protect you

They're like guardrails on a mountain – they don't limit your freedom, they protect your future!

## **The Bottom Line**

Remember this: A chameleon changes colors to get love, but an eagle soars above the pressure!  
It's time to stop changing who you are to get who you want!

Because one day, you'll realize:

- The temporary ain't worth the permanent
- The pressure ain't worth the pain
- The compromise ain't worth the cost

It's time to date different! It's time to love different! It's time to live different!

NO CAP – God's got somebody who will love your true colors! Don't change them for somebody who only wants you to blend in!